



Pantry List

RICE
CEREAL
FRESH FRUITS
FRESH VEGETABLES
GRITS
OATMEAL
NUT TRAIL MIX
CANNED FRUITS/ SUGAR-FREE OPTIONS
DRY POTATOES
JARRED SPAGHETTI SAUCE
GLUTEN-FREE PACKAGED GROCERY ITEMS
EXTRA VIRGIN OLIVE OIL
CANNED TUNA
CANNED CHICKEN
KEURIG COFFEE PODS
CANNED VEGETABLES/ LOW SODIUM
OPTIONS
FRUIT CUPS
PARMESAN CHEESE
SOUPS/ LOW SODIUM & HEART HEALTHY
OPTIONS
GRANOLA BARS
DISPOSABLE MASKS
NITRILE GLOVES
PRINTER PAPER
CLOTHES WASHING DETERGENT PODS

